

KIT LISTS AND HIRE KIT

	Alpinism	Rock Climbing	Off-Piste Skiing	Ski Touring
Sunglasses (Category 4 for glaciers)	X	X	X	X
Sun Hat (wide brim or baseball cap)	X	X	X	X
Sun cream + lip salve (SPF >30)	X	X	X	X
Warm hat	X	*	X	X
Helmet	X	X	X	X
Headtorch (Petzl recommended)	X	*	*	X
Phone/Satphone	X	X	X	X
Rucksack (30-40L)	X	X	X	X
Mountain Boots (crampon compatible)	X	*		
Walking Pole (collapsible into 4 segments. Gipro Recommended)	X	X		
Axe(s) (mountaineering axe for MB or Matterhorn. Technical axes for ice climbing)	X	*	*	*
Crampons (petzl and grivel 12 pt steel recommended)	X	*	*	*
Crevasse Rescue kit	G	*	*	*
Harness (arc'teryx recommended)	X	*	*	*

Belay plate (BD ATC Guide recommended)	G	X	*	*
Ice Screw(s) (BD/Petzl)	G	*	*	*
Gaiters (short ankle length usually fine)	*	*		
Thermal Shirt (wool only)	X	X	X	X
Trousers (Gore windstopper/schoeller style – Arc'teryx Gamma recommended)	X	X	X	X
Socks (wool best)	X	X	X	X
Fleece/mid layer	X	X	X	X
Gore Tex Jacket (paclite recommended)	X	X	X	X
Gore Tex trousers (paclite recommended)	X	X	X	X
Duvet Jacket (synthetic)	X	*	X	X
Gloves x 2 prs minimum, mitts (1pr leather, 1 pair synthetic)	X	*	X	X
Money/credit cards	X	X	X	X
Passport/Work Docs	*	*	*	*
Lift Pass	*	*	X	*
Water/Thermos (½ L drinks bottles recommended x 2-3)	X	X	*	X
Food	X	X	*	X
Skis/Boots/Poles			X	X
Rock Shoes	*	X		
Rope(s)	G	X	*	*
Lead Rack as per route	G	X	*	*

Goggles* *low light lenses recommended	*	*	X	X
Overnight:				
Toothbrush+paste	X	X	X	X
Sleeping Liner (silk recommended)	X	X	X	X
Ear Plugs (wax recommended)				
Phone charger	X	X	X	X
Spare shirt	X	X	X	X
Spare Socks	X	X	X	X
Extra snacks	X	X	X	X
Shovel/Probe/Transceiver			X	X
Umbrella for wet approaches	*	*		

X = everyone to carry * = may be reqd

G = Guide to carry

HIRE KIT:

The following equipment can be hired, subject to availability. Please let us know as far in advance as possible, so that kit can be allocated for you:

Summer Alpinism/Climbing

Eqpt/Days	1	2	3	4	5	6	7
Helmet	3	5	7	9	11	13	15
Harness	3	5	7	9	11	13	15
Ice Axe	5	9	13	16	19	21	23
Crampons	6	11	15	18	21	24	26
Duvet Jacket	5	9	13	17	20	23	26
Mitts	0	0	0	0	0	0	0
Full Set	20	38	55	71	85	99	99

Ski Safety Gear

Eqpt/Days	1	2	3	4	5	6	7
Avalanche Transceiver	6	11	15	19	22	25	27
Rescue Shovel	4	7	10	12	14	16	17
Rescue Probe	3	5	7	9	11	12	13
Rucksack (22L)	4	7	10	13	15	17	19
Harness (with extension sling and ice screw)	3	6	9	11	13	15	16
Alloy Crampons	4	7	10	13	15	17	19
Alloy Ice Axe	4	7	10	13	15	17	19
Full Set	25	42	58	74	87	99	99

ALL PRICES ARE IN €. PLEASE BRING CASH WITH YOU.